



Manifestation Meditation

Hello and welcome to manifestation meditation. My name is Bryan Bertsch and I am delighted to bring to you this meditation. In this practice you will learn how to attract those things that you wish to bring into your life. This can be anything; whether it be a dream home, your soul-mate, or perhaps more love and joy in your life. You can use this meditation to manifest just about anything. These are very powerful techniques that connect you to the essence of that which you wish to attract.

This CD contains three tracks. The first is the introduction. The second track is a series of simple breathing techniques which help you get into a tranquil and focused state of being. The third track is the meditation itself.

It is important that you take the time to explore exactly what you want to manifest before you begin. Connect with the higher aspects of yourself and find out what will allow you the most growth. Be very detailed about your wish, yet be open to unexpected ways that you may receive it. Allow the Universe space to bring you your desire in the best possible way!

Be careful about including specific individuals in your manifestation. There is a difference between using the manifestation to facilitate a healthier relationship between you and a loved one and using the meditation to manipulate another person.

I recommend you practice the meditation daily for at least thirty days. For some, you may receive your request before that time, for others it may take longer. Stay with it and be ready! Relax and allow yourself to receive your heart's desire!

I would love to hear about our success stories! Feel free to e-mail me at bertschbryan@hotmail.com or call me at 612.388.7667.

Good luck on your journey and remember to have fun with it!