

FUNCTIONAL CHANNEL



Pituitary gland (mid-eyebrow);
Crystal Palace—Cavity of
the Spirit

Throat center (Hsuan-Chi)

Thymus Gland and Heart
(Shan-Chung)—rejuvenation
center

Solar plexus (Chung-Wan)

Navel (Chi-Chung)

Sea of Chi

Ovarian Palace /
Sperm Palace

Extra 31
(He ding)

Wei-chung
extra spirit energy
is stored here

Crown point (pineal
gland)—gland of
direction
(Enlightenment)

Jade Pillow
(Yui-Gen—cranial
pump)

C-7 point (Ta-Chui)

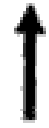
Point opposite the
heart (Gia-Pe)

T-11 point (Chi-Chung)
adrenal gland center

Kidney point (Ming-Men)
Door of Life

sacral pump
Coccyx (Chang-Chiang)

Perineum (Hui-Yin)
Gate of Death and Life



GOVERNOR CHANNEL

K-1 Point
(Yung-Chuan)—Bubbling Spring

